

# Maximize Your GLP-1 Journey with Ideal Protein

GLP-1 medications are powerful tools for weight loss, but they work best when combined with a structured nutrition plan. Ideal Protein is the perfect complement to support your journey for long-term success.



## Did you know?

**66%**

Studies show that up to **66% of weight lost** on GLP-1 medications **can be regained** within a year of stopping treatment.

**25%**

Up to **25% of weight loss** from GLP-1 medications alone **is lean mass**, including muscle.

## Don't Become Another Statistic

### Preserve Your Progress

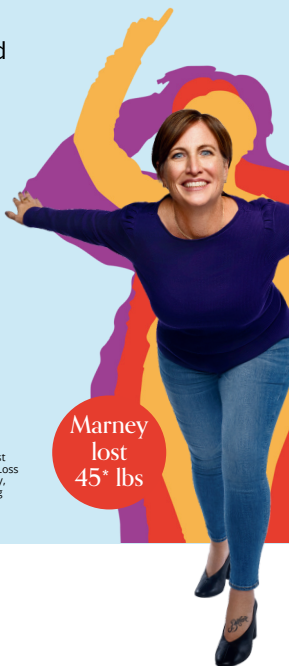
Ideal Protein's scientifically designed protocol works synergistically with GLP-1s to not only support your weight loss journey, but also teach you how to maintain it long-term.

### Protect Your Muscle Mass

Pairing your GLP-1 medications with Ideal Protein's low-carb, protein-rich meals helps to preserve crucial lean body mass, safeguarding your metabolism and overall health.

\*Results are individual. Typical results vary up to 6 and 8 pounds lost during the first two weeks and up to 2 pounds per week thereafter when the Ideal Protein Weight Loss Protocol is followed properly. Results are from the Ideal Protein Protocol exclusively, without GLP-1 medication use. Consult your Healthcare Professional before starting this or any other diet program.

Marney  
lost  
45\* lbs



# Your Path to Sustainable Success

## Essential Nutrition

As GLP-1s reduce your appetite, it's crucial to fuel your body with nutrient-dense foods. Ideal Protein ensures you get the vital nutrients you need, even when eating less.



## Transformative Coaching Support

Coaching plays a critical role in your GLP-1 journey. With expert guidance, you receive personalized strategies that address your unique challenges and help you stay on track.



## Education for Lasting Change

Learn healthy habits and sustainable eating practices that will help you keep the weight off long after your GLP-1 journey ends.



## Achieve More with Premium Protein Choices

**Variety of Flavors:** Enjoy a wide selection of sweet, savory, and crunchy options to keep your meals interesting.

**Scientifically Developed:** Crafted by experts to ensure optimal nutrition and effectiveness for your weight loss journey.

**High Quality:** Our products meet rigorous safety and nutritional standards.

**Nutrient-Rich:** Choose from a wide range of products packed with essential nutrients.

**Satisfying Taste:** Our foods are designed to be delicious and enjoyable, helping you stay motivated on your journey.

